



Client Confidential Intake Information Form

Date \_\_\_\_\_

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Last \_\_\_\_\_ First \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Place of birth: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ email address: \_\_\_\_\_

**Please check box if you would like to receive email notices about Counseling Center events, groups, or news.**

Telephone Number: Home: \_\_\_\_\_ Cell: \_\_\_\_\_  
Work: \_\_\_\_\_ Other: \_\_\_\_\_

Gender: Female \_\_\_\_\_ Male \_\_\_\_\_ Non-conforming \_\_\_\_\_  
Sexual Orientation: Heterosexual \_\_\_\_\_ Gay/Lesbian \_\_\_\_\_ Bisexual \_\_\_\_\_ Other: \_\_\_\_\_

Please check box if gender issues are important to you.

Relationship Status: Single \_\_\_\_\_ Living with partner \_\_\_\_\_ Married \_\_\_\_\_ Never married \_\_\_\_\_  
Divorced \_\_\_\_\_ Separated \_\_\_\_\_ Widowed \_\_\_\_\_ If partnered, partner's name: \_\_\_\_\_

Length of time with current partner: \_\_\_\_\_ If married, how long? \_\_\_\_\_

Previous marriages/long-term significant relationships: (how long and how they ended)

Names and ages of children: \_\_\_\_\_

Living situation of children and any stepchildren: (with you, with other parent, in foster care, or other)

Family of Origin: Is mother living? \_\_\_ Yes \_\_\_ No Is father living? \_\_\_ Yes \_\_\_ No

Parents are/were: \_\_\_ Married to each other \_\_\_ Never married  
\_\_\_ Divorced Your age at time of divorce or separation: \_\_\_\_\_

Any stepparents? \_\_\_ Yes \_\_\_ No Stepsiblings? \_\_\_ Yes \_\_\_ No

Your birth order: # \_\_\_\_\_ of \_\_\_\_\_ children

Please list any significant facts of your childhood (adopted, premature birth, significant illnesses, etc.)

Cultural identification: \_\_\_\_\_

Employer/School: \_\_\_\_\_ Occupation: \_\_\_\_\_

Education/Training: (highest level obtained and what specialty) \_\_\_\_\_

Military Service: \_\_\_ Yes \_\_\_ No Served in Combat?: \_\_\_ Yes \_\_\_ No

If yes, dates and country/countries \_\_\_\_\_

Religious identification, if any: \_\_\_\_\_

Previous experience with therapy? \_\_\_ Yes \_\_\_ No Spiritual or Pastoral Counseling? \_\_\_ Yes \_\_\_ No

Please describe what brings you in to counseling today: \_\_\_\_\_

On a scale of 1 to 10 where 10 is good, please rate your current experience with:

Sleep \_\_\_\_\_ diet \_\_\_\_\_ exercise \_\_\_\_\_ sexuality \_\_\_\_\_ job satisfaction \_\_\_\_\_  
relationship w/others \_\_\_\_\_ relationship with yourself \_\_\_\_\_ freedom from the past \_\_\_\_\_ enjoyment of life \_\_\_\_\_  
spiritual life \_\_\_\_\_ sense of meaning and purpose \_\_\_\_\_

In the following list, please put a check in the first column if you've experienced that issue in the past, and/or in the second column if you are experiencing it currently:

	Past	Current		P	C
Depression	___	___	Loss of energy or motivation	___	___
Loss of interest in usual activities	___	___	Thoughts of suicide	___	___
Suicide attempts	___	___	Other self-harming behavior	___	___
Thoughts of hurting others	___	___	Unusual irritability	___	___
Anger or explosive behavior	___	___	Racing thoughts/mania	___	___
Anxiety/fearfulness/worry	___	___	Panic attacks	___	___
Need to avoid people in general	___	___	Need to avoid public places	___	___
Nightmares	___	___	Reliving traumatic event	___	___
Taking medications	___	___	Hospitalization for mental health	___	___
Addictions treatment	___	___	Physical abuse	___	___
Sexual abuse	___	___	Rape/sexual assault	___	___
Other trauma	___	___	Other victimization	___	___
Divorce	___	___	Custody issues	___	___
Grieving the loss of a loved one	___	___	Marital or family conflict	___	___
Parent/child conflict	___	___	Communication problems	___	___
Estranged from family	___	___	Loneliness/low self-esteem	___	___
Difficulties at work or school	___	___	Hyperactivity	___	___
Involvement with legal system	___	___	Financial problems	___	___
Medical problems	___	___	Sleep problems	___	___
Sexual problems/concerns	___	___	Memory problems	___	___
Eating disorder	___	___	Hallucinations	___	___
Delusions (false beliefs)	___	___	Unusual thoughts	___	___
Paranoid thoughts or feelings	___	___	Compulsive or repetitive acts	___	___
Obsessive thoughts	___	___	Gambling	___	___
Heavy alcohol use	___	___	Frequent marijuana use	___	___
Prescription drug abuse	___	___	Internet overuse (such as gaming)	___	___
Internet porn or sex	___	___	Loss of appetite/weight loss	___	___
Substantial weight gain	___	___	Binge eating	___	___
Binging and purging	___	___	Anorexia	___	___
Other body image distress	___	___	Victim of a crime	___	___
Major car or bike accident	___	___	Aging issues	___	___
Violence towards/abuse of others	___	___	Loss of time	___	___

Primary physician's name: \_\_\_\_\_ Tel. # \_\_\_\_\_

Secondary physician \_\_\_\_\_ Specialty \_\_\_\_\_ Tel. # \_\_\_\_\_

Insurance info (if covered): Insurance Co \_\_\_\_\_

Auth. # \_\_\_\_\_ SS# \_\_\_\_\_ Deductible \_\_\_\_\_ Copay \_\_\_\_\_

Medication	Prescribed for	Name & Number of Prescribing Doctor

Emergency contact: Name: \_\_\_\_\_ Tel. # \_\_\_\_\_

Relationship to you: \_\_\_\_\_